



Aging Unit of Iron County

JUNE 2017



MENU HAPPENINGS

Hurley 561-2108 M-F	Iron Belt 561-2091 Thursday	Mercer 476-2113 or 1-800-950-8744 Tuesday-Thursday	Saxon 893-2333 Monday-Wednesday	Springstead - Wednesday 476-2113 or 1-800-950-8744
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	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE				1 Chicken Pot Pie	2 Blueberry Pancakes Sausage Links Cheesy Hash Browns	3
4	5 Ribs & Kraut Baby Reds	6 Chef's Choice Oven Fried Chicken Pasta Salad Corn on the Cob Card Games	7 Chef's Salad Breadsticks Cheesecake Bingo Games	8 Stuffed Peppers Sweet Potatoes	9 Turkey & Cheese w/w Bread Cheesy Broccoli Soup	10
11	12 Pot Roast Potatoes Carrots	13 Cheese Burgers Lettuce & Tomato Wedge Fries Card Games	14 Baked Chicken Mac & Cheese Bingo Games	15 Poor Man's Lobster Rice Pilaf	16 Ring Bologna Tater Tots	17
18	19 Chicken Bruschetta Angle Hair Pasta	20 Pork Roast Mashed Potatoes Card Games	21 Ricotta Stuffed Shells Meat Sauce Bingo Games	22 Pizza Strawberry Spinach Salad	23 Tacos Spanish Rice	24
25	26 Ham & Cheesy Hash Browns	27 Swedish Meatballs Egg Noodles Card Games	28 Beef Roast Mashed Potatoes Bingo Games	29 Kielbasa Peppers & Onions German Potato Salad	30 Chicken Kiev Wild Rice	Vegetable, Fruit / Salad, Dessert Bread & Milk Included with every meal

This menu has been approved by Anna Mooi: Registered Dietician

* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.